

# School Dress Code

Dress Code is applicable from entering the building in the morning until leaving the building at dismissal.

## Boys

- Dress pants or shorts may be worn in the following solid colors:
  - Black or tan
  - No outside pockets or rivets
  - A belt must be worn with the pants
  - Denim material is prohibited.
  - Denim and form fitting stretch material is prohibited. Any type of stretch, yoga, stirrup pants, or joggers is prohibited.
  - Dress shorts must extend so that their hem line is no more than 4 inches above the knee.
  
- Oxford cloth shirts or dress shirts may be worn in the following solid colors:
  - White, black, light blue, light yellow or grey.
  - Must have button-down collars.
  - Tucked into the pants or shorts at all times.
  - Shirts are to be buttoned to the top except the top button may be open.
  - Only solid white, grey or black long-sleeved, regular t-shirts, turtlenecks or mock turtlenecks with no printing or logos may be worn under the shirts.
  - Ties are permitted with the Oxford dress shirt.
  
- St. Thomas Aquinas polo shirts may be worn in the following colors:
  - High School students may wear white, grey, or black colored polo shirts only.
  - Seniors may wear pink colored polo shirts.
  - Middle School students may wear white, grey, or yellow colored polo shirts only
  - Must have St. Thomas Aquinas logo
  - Can be purchased through Lands End.
  - Polo shirt may be short or long sleeved.
  - Polo shirt may be worn tucked or untucked.
  - Only solid white, grey or black long-sleeved, regular t-shirts, turtlenecks or mock turtlenecks with no printing or logos may be worn under the shirts.
  
- Warm attire:

- Solid grey or black St. Thomas Aquinas fleece jackets or crew neck sweatshirts with the official St. Thomas Aquinas logo, purchased through the Knook, may be worn for cooler weather.
- St. Thomas Aquinas sweat shirts, sweaters or fleece may also be worn.
- High School students may wear St. Thomas Aquinas hoodies or other St. Thomas Aquinas attire with hoods only on Fridays or Dress Down days.
- Middle School students may only wear hoodies on a Dress Down Day.
- Dress shoes or casual shoes:
  - Must be neutral in color.
  - They may be black, grey, white, brown, navy blue, tan, or any combination of these colors.
  - These are to be worn with dress pants.
  - These may include athletic shoes if they conform to the above color requirements.
  - Boots are permitted.
    - must meet the same color requirement as shoes,
    - are only to be worn with dress pants
    - must be worn inside of dress pants.
  - Boots and shoes must be clean and free of dirt or mud.
  - Socks that cover the ankles must be worn in school at all times.
  - Middle School students may only wear socks that are solid white or solid black in color.
- Athletic shoes, in any color, may be worn with shorts.
- Open toed shoes are never permitted. Moccasins, flip-flops, slippers, or slipper-like shoes are not permitted.
- Jackets and coats that are considered to be outside apparel are not to be worn in school.
- Hair
  - shall be kept neat, trimmed and well groomed
  - shall be no longer than the bottom of the earlobes on the side, the base of the neck in back, and the eyebrows in front.
  - Sideburns shall be no lower than the earlobes. Boys shall be clean-shaven – no beards or mustaches.
  - Fad hairstyles or off-colored hairstyles are always inappropriate for school.

- Tattoos are not permitted to be visible at any time during school or when representing the school at athletic events or extra-curricular activities.
- Accessory items such as headbands, bandannas, handkerchiefs, hats, caps, earrings, tongue, eye, nose, face, or lip-piercing, sunglasses, or excessive jewelry are not to be worn. No visible piercings are permitted.
- The Principal will determine what is appropriate in all cases and the decision will be final.

## Girls

- Dress pants, capris, or shorts may be worn in the following solid colors:
  - Black or tan
  - No outside pockets or rivets
  - A belt must be worn with the pants
  - Denim material is prohibited.
  - Tight or form fitting pants are strictly forbidden.
  - Denim and form fitting stretch material is prohibited. Any type of stretch, yoga, stirrup pants, or joggers is prohibited.
  - Dress shorts must extend so that their hem line is no more than 4 inches above the knee.
- Skirts and skorts:
  - A “Top of the Knee” or “Below the Knee” A-line plaid skirt or a black skort from our uniform company Lands End may be worn.
  - The skirt and short length must extend so that their hem lines are no more than 4 inches above the knee.
- Oxford cloth shirts or dress shirts may be worn in the following solid colors:
  - White, black, light blue, light yellow or grey.
  - Must have button-down collars.
  - Tucked into the pants, shorts, or skirts at all times.
  - Shirts are to be buttoned to the top except the top button may be open.
  - Only solid white, grey or black long-sleeved, regular t-shirts, turtlenecks or mock turtlenecks with no printing or logos may be worn under the shirts.
- St. Thomas Aquinas polo shirts may be worn in the following colors:
  - High School students may wear white, grey, or black colored polo shirts only.
  - Seniors may wear pink colored polo shirts.
  - Middle School students may wear white, grey, or yellow colored polo shirts only.
  - Must have St. Thomas Aquinas logo

- Can be purchased through Lands End.
- Polo shirt may be short or long sleeved.
- Polo shirt may be worn tucked or untucked.
- Only solid white, grey or black long-sleeved, regular t-shirts, turtlenecks or mock turtlenecks with no printing or logos may be worn under the shirts.
- Warm attire:
  - Solid grey or black St. Thomas Aquinas fleece jackets or crew neck sweatshirts with the official St. Thomas Aquinas logo, purchased through the Knook, may be worn for cooler weather.
  - St. Thomas Aquinas sweat shirts, sweaters or fleece may also be worn.
  - High School students may wear St. Thomas Aquinas hoodies or other St. Thomas Aquinas attire with hoods only on Fridays or Dress Down days.
  - Middle School students may only wear hoodies on a Dress Down Day.
- Dress shoes or casual shoes:
  - Must be neutral in color.
  - They may be black, grey, white, brown, navy blue, tan, or any combination of these colors.
  - These are to be worn with dress pants and skirts.
  - These may include athletic shoes if they conform to the above color requirements.
  - Boots are permitted.
    - Must meet the same color requirement as shoes,
    - Are only to be worn with dress pants
    - Must be worn inside of dress pants.
  - Boots and shoes must be clean and free of dirt or mud.
  - Socks that cover the ankles or hosiery must be worn in school at all times.
  - Middle School students may only wear socks that are solid white or solid black in color.
  - Shoes should have a moderate heel (2 inches or less).
  - Athletic shoes, in any color, may be worn with the shorts or Capri option.
  - Open toed shoes are never permitted. Moccasins, flip-flops, slippers, or slipper-like shoes are not permitted. . Backless shoes, dress high heels, or platform shoes are neither appropriate, nor safe for school wear.

- Jackets and coats that are considered to be outside apparel are not to be worn in school.
- Hair must be neat and well groomed. Fad hairstyles or off-colored hairstyles are always inappropriate for school.
- Tattoos are not permitted to be visible at any time during school or when representing the school at athletic events or extra-curricular activities.
- Accessory items such as headbands, bandannas, handkerchiefs, hats, caps, long earrings, tongue, eye, nose, face, or lip-piercing, excessive jewelry or sunglasses are not to be worn.
- The Principal will determine what is appropriate in all cases and the decision will be final.

## Middle School

In addition to the above dress code, the following rules apply specifically to middle school students. In case of conflict the following rules supersede the above rules.

- All shorts, pants, skirts, or skorts are to be black in color. Skirts and skorts are available from Lands End.
- Middle School students may only wear hoodies on a Dress Down Day.
- Middle School students may only wear socks that are solid white or solid black in color.
- Middle School students may wear white, grey, or yellow colored polo shirts only.
- Only solid white, grey or black long-sleeved, regular t-shirts, turtlenecks or mock turtlenecks with no printing or logos may be worn under the shirts.

### Gym Uniforms:

- Grey, black or bright yellow STA Middle School T-shirt.
- Flexible black gym shorts (no longer than 4 inches above the knee) or black sweat pants. No yoga or tight stretch pants or shorts
- Athletic socks and shoes
- Students will bring their gym uniforms to school with them and change for gym class.

**The Administration reserves the right to rule any faddish style of hair, clothing, jewelry, or makeup as inappropriate.**

## Dress Down Day Regulations

- All attire must be modest in nature. Jeans and loose fitting sweat pants or warm up pants are examples of permitted attire.
- No running or running-type shorts are permitted. Shorts and skirts must extend down to no more than 4 inches above the knee.
- No holes of any size in any clothing are permitted.
- No yoga, spandex, or leggings worn as pants or shorts or other form fitting apparel are permitted.
- No inappropriate explicit graphic t-shirts are permitted. No t-shirts of music groups are permitted.
- No hats are permitted.
- No apparel from other high schools or middle schools is permitted.

## Dress Up Day Regulations

- All attire must be modest in nature.
- Students are to wear a dress shirt and dress pants as a minimum.
- No athletic shoes are permitted.
- No jeans or sweat pants are permitted.
- Dresses and skirts must extend so that they are no more than 4 inches above the knee.
- No holes of any size in any clothing are permitted.
- No yoga, spandex, or leggings worn as pants or shorts or other form fitting apparel are permitted.
- No inappropriate explicit graphic t-shirts are permitted. No t-shirts of music groups are permitted.
- No hats are permitted.
- No apparel from other high schools or middle schools is permitted.

## Team Spirit Regulations

- Teams and other organizations within the school are permitted to wear a team shirt on the day of a game or contest.
- All team shirts must be approved by the principal.
- All dates in which the team would like to wear a team shirt must be approved by the principal.
- Team shirts may only be worn in season.
- If a team is to wear a team shirt, all members must wear the same team shirt.

- Violations of the above rules may result in a team losing its privilege to where its team shirt on game days.

## Guidelines for Formal School Dances/Prom

Dances normally end by 11 p.m. After entrance to the dance, students will not be permitted to leave and re-enter. Supervisors will contact the parents/guardians of those students who do not adhere to proper social behavior. Inappropriate or any dancing that is sexually suggestive is forbidden at all school dances.

It is difficult to keep up with the ever changing fashions for formal dances. As such, St. Thomas Aquinas High School administration will not put specific restrictions upon the dress attire of its students with the following exception:

- The bottom hem of dresses must extend down to no higher than 4 inches above the knee.
- Boys are expected, at a minimum to wear a tie, dress shirt, and dress pants (no jeans). For Prom, boys are expected to wear a tuxedo or a dress suit.

It is incumbent upon the parents of St. Thomas Aquinas students to ensure that their sons and daughters are dressed in an appropriate and modest manner consistent with the ideals of a Catholic high school. We trust that students and parents will use good judgment. However, inappropriately dressed individuals may be asked to go home to change. All guest of St. Thomas Aquinas students are required to follow these guidelines.