

# St Thomas Aquinas Middle School & High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salisbury Steak with Gravy Garlic Twist Breadstick*  Green Beans Mashed Potatoes/Gravy Pear Chunks Fresh Fruit Milk	2 Toasted Cheese Sandwich*  Tomato Soup Cheddar Goldfish* Steamed Broccoli Tossed Salad/Dressing Applesauce Fresh Fruit Milk	3 Meatball Sub*with Cheese Pretzels*  Green Beans Fresh Veggies/Ranch Pear Chunks Fresh Fruit Milk	4 Breaded Chicken on Bun* Lettuce & Tomato  French Fries Steamed Broccoli Tossed Salad/Dressing Diced Peaches Fresh Fruit Milk	5 Nachos Grande* Salsa & Sour Cream  Refried Black Beans Seasoned Corn Carrot Sticks/Ranch Pineapple Chunks Fresh Fruit Milk
8 Big Daddy Pizza*  California Blend Tossed Salad/Dressing Mixed Fruit Fresh Fruit Slushie Cup Milk	9 Walking Tacos*  Seasoned Corn Carrot Sticks/Ranch Mandarin Oranges Fresh Fruit Milk	10 Cheeseburger on Bun* Lettuce, Tomato & Pickle  Hashbrown Baked Beans Carrot Sticks/Ranch Sliced Peaches Fresh Fruit Milk	11 Chicken Tenders*/Roll*  Mashed Potatoes/Gravy Seasoned Corn Fresh Veggies/Ranch Sliced Pears Fresh Fruit Milk	12 Cookout Hot Dog Bun  Pasta Salad Baked Beans Carrot Sticks/Ranch Mandarin Oranges Fresh Fruit Milk
15 French Bread Pizza*  Steamed Broccoli Tossed Salad/Dressing Sliced Pears Fresh Fruit Chocolate Pudding Milk	16 Philly Steak & Cheese*  Potato Smiles Green Beans Tossed Salad/Dressing Sliced Peaches Fresh Fruit Milk	17 Mini Corn Dogs*  Potato Wedges Baked Beans Carrot Sticks/Ranch Mixed Fruit Fresh Fruit Milk	18 Boneless Wings*/Roll*  Tater Tots Seasoned Peas Tossed Salad/Dressing Applesauce Fresh Fruit Milk	19 Bosco Sticks*/Marinara  Green Beans Tossed Salad/Dressing Pineapple Chunks Fresh Fruit Milk
22 Personal Round Pizza* Garlic Twist Breadstick*/Marinara  Green Beans Tossed Salad/Dressing Pear Chunks Fresh Fruit Milk	23 Rib B Que Sandwich*  Onion Rings* Baked Beans Carrot Sticks/Ranch Pineapple Chunks Fresh Fruit Milk	24 Pepperoni Calzone* Marinara Sauce  Green Beans Tossed Salad/Dressing Peach Chunks Fresh Fruit Ice Cream Cup Milk	25 Pasta with Meat Sauce*/Breadstick  Green Beans Tossed Salad/Dressing Mandarin Oranges Fresh Apple Milk	26 Cheesy Bread*/Marinara  Baked Lays Chips Green Beans Fresh Veggies/Ranch Pineapple Chunks Fresh Fruit Milk
29 	30 Cook's Choice Assorted Vegetables Assorted Fruits Milk	31 Cook's Choice Assorted Vegetables Assorted Fruits Milk	1 Cook's Choice Assorted Vegetables Assorted Fruits Milk	



\* This institution is an equal opportunity provider.